### The Pause Procedure

*A task sheet for students to work through several times and hopefully then internalise.*

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|  | **Activity** | **What?** | **Example** |
| 1 | Three Key Points | * Ask students to summarize the main ideas the instructor has just presented (e.g., List three major points)
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| 2 | Review Notes | * Ask students to read over their notes of the materials covered today and put a question mark beside anything they want either clarification on or more details on.
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| 3 | One-Minute Paper | * Ask students to take out a sheet of paper, pose a question (either specific or open-ended), and give them one minute to respond. Some sample questions include: "What are the countries in Europe?", "What are 'Human Rights'?", and so on.
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| 4 | Muddiest Point | * Ask students "What was the 'muddiest point' in today's class?" or, perhaps, you might be more specific, asking, for example: "What (if anything) do you find unclear about the lesson?" listing topics.
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| 5 | Reaction Report | * Ask students to report their reactions to some facet of the course material - i.e., to provide an emotional or evaluative response to the material.
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